

CARVER BARRACKS PLAYING AND TRAINING FACILITIES EMERGENCY ACTION PLAN



Club Name:	Saffron Walden Community Youth Football Club (SWCFC)
Club Address:	Herbert's Farm, Debden Road, Saffron Walden, Essex, CB11 3JS
Telephone:	01799 516167
Facilities address:	Carver Barracks, Water Lane, Elder Street, Wimbish, Saffron Walden
Postcode:	CB10 2YA
Telephone:	01223 203617

KEY FIRST AIDERS AND CONTACT INFORMATION

Name	Mobile Number
Matt Clare – SWCFC Chairman	07775 944664
Keith Mullins – SWCFC Secretary	07791 692395
Kat Sturgeon – SWCFC Welfare Officer	07863 398111
Carver Barracks Guard Room	01223 203617

FIRST AID EQUIPMENT & FACILITIES

Items	Location
Defibrillator	No defibrillator available
Stretcher	No stretcher available
First Aid Room	No first aid room available
First Aid Kit	Carried by relevant Manager / Coach

Access Routes:

**IN THE EVENT OF A MEDICAL EMERGENCY CALL 112 OR 999
AND REQUEST AN AMBULANCE**

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| <ol style="list-style-type: none"> 1. Inform guardroom of emergency 2. For Ambulance 3. Playing/ training facilities to Ambulance | <p>Guardroom personnel will provide assistance for ambulance access and direction</p> <p>From Water Lane / Elder Street into Carver Barracks via a) main gate to road outside Gym or Astro pitch; or via b) gate to Airfield to tarmacked area adjacent to football pitches</p> <p>Directly from a) gym or Astro pitch to adjacent road inside barracks; or from b) pitches on airfield to tarmacked area</p> |
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OTHER INFORMATION

Nearest Hospitals:	<p>Addenbrooke's Hospital, Hills Road, Cambridge, CB2 0QQ. Tel 01223 245151 - ACCIDENT AND EMERGENCY DEPARTMENT</p> <p>Saffron Walden Community Hospital, Radwinter Road, Saffron Walden, Essex CB11 3HY. Tel 01799 562900 NB - NO ACCIDENT AND EMERGENCY DEPARTMENT</p>
Directions to A & E Hospital:	Turn left out of Carver Barracks, take left turn on to Thaxted Road/B184 northwards through Saffron Walden, join A11 north/east, then join A1307 northwards directly to Addenbrooke's Hospital, Cambridge.
Distance and journey time:	18 miles, approximately 27 minutes
Nearest "Walk in Centre"	Herts and Essex Hospital, Haymeads Lane, Bishop's Stortford, Hertfordshire CM23 5JH – Minor Injuries Unit only