

SAFFRON WALDEN TOWN FC, CATONS LANE MAIN GROUND EMERGENCY ACTION PLAN



Club Name:	Saffron Walden Community Youth Football Club (SWCFC)
Club Address:	Herbert's Farm, Debden Road, Saffron Walden, Essex, CB11 3JS
Telephone:	n/a
Facilities address:	Saffron Walden Town FC, 1 Catons Lane, Saffron Walden, Essex
Postcode:	CB10 2DU
Telephone:	n/a

KEY FIRST AIDERS AND CONTACT INFORMATION

Name	Mobile Number
Matt Clare – SWCFC Club Chairman	07775 944664
Keith Mullins – SWCFC Secretary	07791 692395
Kat Sturgeon – SWCFC Welfare Officer	07863 398111

FIRST AID EQUIPMENT & FACILITIES

Items	Location
Defibrillator	Saffron Walden Town FC, Clubhouse
Stretcher	Physio room
First Aid Room	Physio room, next to changing rooms
First Aid Kit	Carried by relevant Manager / Coach, additional first aid kit located in kitchen in pavilion

Access Routes:

**IN THE EVENT OF A MEDICAL EMERGENCY CALL 112 OR 999
AND REQUEST AN AMBULANCE**

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| <ol style="list-style-type: none"> 1. For Ambulance 2. First aid room to Ambulance 3. Pitch to Ambulance | <p>Drive down Catons Lane to Saffron Walden Town FC car park</p> <p>Car park located next to the main ground</p> <p>Directly from pitch to car park behind pavilion</p> |
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OTHER INFORMATION

Nearest Hospitals:	<p>Addenbrooke's Hospital, Hills Road, Cambridge, CB2 0QQ. Tel 01223 245151 - ACCIDENT AND EMERGENCY DEPARTMENT</p> <p>Saffron Walden Community Hospital, Radwinter Road, Saffron Walden, Essex CB11 3HY. Tel 01799 562900 NB - NO ACCIDENT AND EMERGENCY DEPARTMENT</p>
Directions to A & E Hospital:	<p>Leave Catons Lane onto Castle Hill and then take 3rd exit at the mini roundabout onto Church Street. At the end of Church Street turn right on to the High Street and then onto the B184 towards Cambridge. Stay on this road until you come to A11 and then join A11 heading north/east towards Newmarket, take exit onto A1307 northwards directly to Addenbrooke's Hospital, Cambridge.</p>
Distance and journey time:	14 miles, approximately 22 minutes
Nearest "Walk in Centre"	Herts and Essex Hospital, Haymeads Lane, Bishop's Stortford, Hertfordshire CM23 5JH – Minor Injuries Unit only, weekdays only.